

# Open Women World Elite Sprint Championship 2024

## Selection Plan and Process Outline

**Elite Open Women Sprint Coach:** Sieda Tureia

**Manager:** Penny Scragg

### INTENT PROCESS:

Anyone who meets the Eligibility Criteria may trial.

Paddlers wishing to trial and be considered for the squad and ultimately the team should complete the attached Intent form and return it to Waka Ama NZ [worlds@wakaama.co.nz](mailto:worlds@wakaama.co.nz) no later than **29<sup>th</sup> December 2023**.

**Please note:** the coaches of the campaign are entitled to invite paddlers to be part of the trial process, should you be contacted by the coaches directly they will inform you of your invitation to take part and will require that you confirm your acceptance of the invitation and attendance at the trial.

### ELIGIBILITY CRITERIA:

To be considered for the Open Women's team athletes must:

- Be female
- Be a current an affiliated Waka Ama New Zealand member
- Be New Zealand Citizen or have resided in New Zealand for 6 months or longer at the time of the event.
- Be at least 16 in the year of competition
- Be endorsed by their club, Intent form must be signed by Club Rep.
- Be committed to the process and attend all required trainings.
- Communicate with the Coaching/Management in a timely fashion
- Meet all financial obligations
- Be the best you can be and train for performance.
- Adhere to the Waka Ama New Zealand Code of Conduct  
<https://www.wakaama.co.nz/pages/read/1004720>

### SELECTION CRITERIA:

The coach will be looking for physical, technical and leadership abilities in combination with athlete commitment and attitude. The Waka Ama NZ Performance Advisory Committee along with the CEO of WANZ will oversee this campaign including selections and planning.

Paddler selections must fit into at least two of the following categories:

- Outstanding Individual performance e.g. OC1 results, individual fitness etc
- Individual/s qualities and attributes e.g. leadership, seat combination
- Seat specific attributes e.g. Steerer/Seat 1
- Value added by individual to crew combination.
- part of the selection criteria for trials will also include V1 or OC1 and W6 water testing skills and techniques and land base consisting of aerobic testing eg running, strength testing

*Note: At any time throughout the selection period, paddlers can be bought into the squad until final team is named.*

**Note:** Races listed below are not all compulsory but highly recommended in order to collect a range of data. **Aito will be compulsory.**

#### TIME FRAMES AND KEY DATES

Dates	Description	Location
29 December 2023	Open Women Intents Close	
14-20 January 2024	National Sprint Championships 2024 (Data)	Karapiro
3 February 2024	James Bhutty Moore-morial race (Data Collection)	Mt Maunganui
<b>10-11 February 2024</b>	<b>Training Camp 1</b> ( <i>W1's will be needed for trials</i> ) <ul style="list-style-type: none"> <li>• W1 Time trial</li> <li>• Off water testing – 10km run or alternative</li> <li>• W6 blend – 1500m/500m combinations</li> </ul>	Rotorua
16-18 February 2024	Takapuna Cup (Data Collection)	Tāmaki Makaurau
<b>9-10 March 2024</b>	<b>Training Camp 2</b> ( <i>W1's will be needed for trials</i> ) <ul style="list-style-type: none"> <li>• W1 Time trial</li> <li>• Off water testing – 10km run or alternative</li> <li>• W6 blend – 1500m/500m combinations</li> </ul>	TBC
<b>29-31 March 2024</b> <b>1 April 2024 TBC</b>	<b>Training Camp 3</b> ( <i>W1's will be needed for trials, can be provided for those flying. Please let us know in advance if you require a W1</i> ) <ul style="list-style-type: none"> <li>• W1 Time trial</li> <li>• Off water testing – 10km run or alternative</li> <li>• Strength testing – details TBC</li> <li>• W6 blend – 1500m/500m combinations</li> </ul>	Tairāwhiti
<b>13 April 2024</b>	<b>Aito Aotearoa</b>	Tāmaki Makaurau
<b>14 April 2024 (TBC)</b>	<b>Training Day</b>	Tāmaki Makaurau
<b>25-28 April 2024</b>	<b>Training Camp 4</b> ( <i>W1's will be needed for trials, can be provided for those flying. Please let us know in advance if you require a W1</i> ) <ul style="list-style-type: none"> <li>• W12 time trials</li> <li>• W1 time trials</li> <li>• Off water testing – 10km run or alternative</li> <li>• Strength testing – TBC</li> <li>• W6/W12 500m combinations</li> </ul>	Tairāwhiti
<b>30 April 2024</b>	<b>NZ Elite Women's team named</b>	

18-19 May 2024	Training Camp 5	TBC
1-3 June 2024	Training Camp 6	Karaprio
28-30 June 2024	Training Camp 7	TBC
20-21 July 2024	Training Camp 8	TBC
3-4 August 2024	Training Camp 9	TBC
13-24 August 2024	IVF World Sprint Championship	Hilo
<p><b>Please note:</b> During the Pre-Selection phase, any accommodation should be co-ordinated directly by individuals. Post selection this will be done via management.</p> <p><b>Note:</b> Travel and accommodation for camps is the responsibility of individual paddlers. For the Gisborne camps we are able to provide accommodation for those that require it, please discuss this with management. If we are able to provide other assistance we will confirm with the squad as soon as we are able.</p>		

### COSTS:

In an effort to provide you with as much financial information as possible we have attached below a best estimate breakdown of the cost per paddler.

#### PER PADDLER COSTINGS FOR IVF WORLD SPRINT CHAMPIONSHIP 2024

		Per paddler (NZ Dollars)
Return airfare to Hawaii (Ex Auckland)		\$2100
Accommodation at event <i>Based on 7 nights</i>		\$1500
Food at event		\$500
Transport at event		\$290
Travel Insurance ( <i>Estimate awaiting group quote</i> )		\$300
Total		\$4690
Waka Ama NZ Contribution per paddler		-\$500
<b>Total Estimated cost per paddler</b>		<b>\$4190</b>
<i>Entry fee per paddler</i>	<i>Covered by Waka Ama</i>	<i>\$150 US (\$250NZ approx.)</i>

**Note:** There may be additional costs for training camps.

#### Please Note:

- Airfares will be booked by Waka Ama New Zealand
- Accommodation will be booked by Waka Ama New Zealand
- Airfares are all ex-Auckland (paddlers will need to arrange connecting flights or transport to and from Auckland)
- Paddlers who withdraw from the team after airfares have been confirmed will not receive a refund for the airfare cost.
- *Payments can made by credit card.*